



**Minerva's
Registered Training Organisation
Accredited
Apply First Aid (HLTFA301B)
Training
Sample Course Outline ©**



Les Vozzo

Graduate Diploma Safety Science (UNSW 1988)
Graduate Diploma Employment Relations (UWS 1992)
Master Commerce (UWS 1996)
RABQSA Accredited OHS Auditor
WorkCover Accredited Trainer
WorkCover Accredited Forklift Assessor
Member Australian Human Resources Institute
Member Safety Institute of Australia
Workplace Assessor (MERSITAB)
NSW Enrolled Nurse

Minerva Consulting Group is pleased to introduce the addition of **Apply First Aid (HLTFA301B)** to our training course list.

Les Vozzo is a safety professional with over twenty years' experience in training and consultancy. A former army medic and occupational first aid officer, Les has firsthand knowledge of many first aid emergencies.

Do not feel helpless if your child is choking, if your neighbour has a heart attack, your workmate has been injured and needing your help or if a car accident has happened in front of you and people are hurt.

You need to know what to do. You need to be trained in First Aid.

Apply First Aid (HLTFA301B) is a comprehensive course designed to give participants the knowledge and skills to help manage emergency medical situations that arise either in the workplace or at home until professional medical aid arrives.

In an emergency situation the key to survival is early access to First Aid assistance provided by competent persons.

This nationally accredited course meets the requirements of the NSW OHS Regulation 2001 and covers both theory and practice.

Site Address:
Suite 8, Surveyor House
2 Castlereagh Street
PENRITH NSW 2750
AUSTRALIA

**Contact Minerva for all your
OHS needs.**

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- General Administration.
- Learning Outcomes and Assessment.
- Introduction to the Course.

Topic 1 Basic Principles of First Aid

- Procedures for dealing with illness and injury.
- Prioritising.
- DRABCD.
- Infection Control.
- Chain of Survival.
- Skills and limitations.

Topic 2 Automated External Defibrillator

- How to use.
- When to use.

Topic 3 First Aid Management (including)

- Traumatic injuries.
- Soft tissue, Bones and Joint Injuries.
- Burns.
- Bleeding.
- Cardiac Arrest.
- Allergic reactions.
- Choking.
- Bites and Stings.

Topic 4 Social Responsibility /Legal Issues

- Duty of Care.
- Cultural Awareness.
- Confidentiality.

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